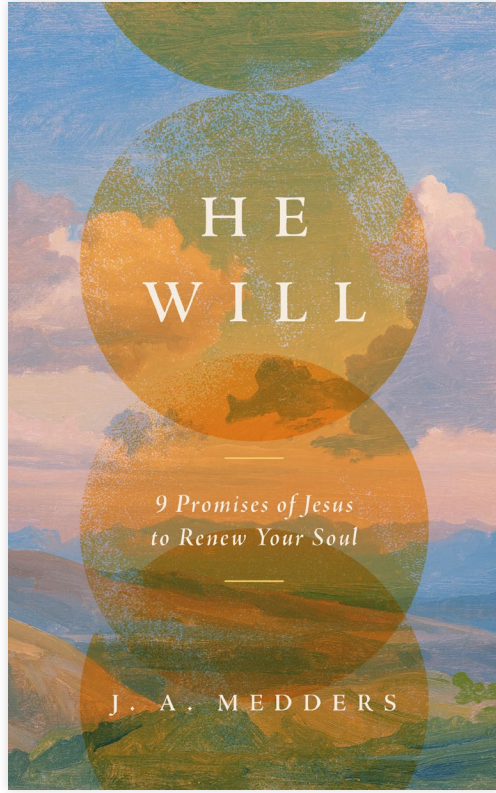




He Will

9 Promises of Jesus to Renew Your Soul

Jeff Medders

Are you savoring the promises of Christ that will comfort, strengthen, and renew your soul? Transformation is found in trusting and believing everything Jesus said he will do for you.

Experience the difference it makes to rest in the promises of Jesus day by day. Whether you're spiritually hungry, finding your faith stagnant, or feel close to Christ but yearn for even greater depth, this book will be a breath of fresh air.

Through Jeff Medders' profound, personal reflections on the "I will" statements of Jesus, you'll explore how...

- Christ's promises are relevant to your present reality
- Jesus is truly, wonderfully present in your day-to-day life
- You can rest in Jesus' promises when you're tired, fearful, tempted and more

Be recharged and reinvigorated as you find help to live today in light of what Jesus has said he will do for you.

As Medders writes, "When we see and believe Christ's goodness, love, and care for us—as seen in his promises—it snaps us out of autopilot, pushes us out of a plateaued pursuit of him, and invigorates our inner life."

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About the Author

J.A. Medders (PhD, The Southern Baptist Theological Seminary) serves as the Director of Theology and Content for Send Network, General Editor and Fellow of The Spurgeon Library, and Visiting Professor of Christian Studies at Midwestern Baptist Theological Seminary. He is the author of multiple books, including *Humble Calvinism* and *The Soul-Winning Church*. Jeff is a native of Houston, Texas, where he lives with his wife, Natalie, and two children. You can follow his writing and ministry at jamedders.com.

Endorsements

“Meditating on these promises has been a much needed balm for my sometimes weary soul. Just as the “I Am” statements of Jesus in John’s Gospel reveal the glory of His majesty and divinity, so these “I Will” statements clearly show the great love of our Savior for His own. Jeff’s work in this book is a gift to all of us, pointing us over and over again to the One in whom every promise finds its yes and amen!”

Bob Lepine

Author, *Love Like You Mean It*; Host, *Truth for Life with Alistair Begg* and *Mornings on Family Radio*

I’ve never confessed sin in a book endorsement, but when Jeff Medders first told me his idea for this book—shifting from Jesus’ famous ‘I am’ statements to his ‘I will’ statements—I was envious. Why didn’t I think of that? Thankfully, Jeff did, and page after page he shows what those two little words mean for guilt, weakness, prayer, church hurt, death, and the hope beyond it. He Will turns our eyes away from ourselves and back to the King who keeps every promise he makes.”

Matt Smethurst

Lead Pastor, River City Baptist Church, Richmond, Virginia; author, *The Life Jesus Gives* and *Tim Keller on the Christian Life*; cohost, *The Everyday Pastor*

Suggested Interview Questions

1. Why focus on Jesus’ “I will” statements instead of the well-known “I am” ones?
2. How do Jesus’ “I will” and “I am” statements coincide? How does knowing what God will do impact your understanding of who He is and vice versa?
3. What does the drift toward ‘spiritual autopilot’ reveal about our reliance on religious activity versus genuine relationship?
4. In an era of profound institutional cynicism, how do the promises of Christ offer a more stable foundation for trust than our systems or leaders?
5. How can we bridge the gap between intellectually knowing we are forgiven and emotionally living in the freedom of that reality?
6. Why do we often cling to the visible or physical markers of God’s presence, and what keeps us from embracing the deeper, internal reality of the Holy Spirit’s companionship?
7. How does redefining our view of help from a divine problem-solver to a constant companion reshape how we walk through seasons of suffering?
8. How do we discern when our exhaustion is a call for physical rest and when it is a symptom of soul-deep spiritual misalignment?
9. When our spiritual fervor fades, how does focusing on Christ’s unchanging love—rather than our fluctuating emotions—sustain us?
10. How do we heal from the wounds of spiritual leadership without losing our footing in the faith itself?
11. How does prayer shift from a tool for getting what we want to a vehicle for aligning our hearts with who God is?
12. In a culture of endless digital distraction, how does keeping the bigger picture of our short lives in view reorient our daily priorities?
13. How does the Christian life change once a believer truly understands the promises God has declared for His people?