



Family Project: Freedom Farms

With God's help, Fannie Lou Hamer not only fed and housed Black people in her community, but she gave them the opportunity to grow their own food and live in their own homes for the first time. As you learn about Freedom Farms, read and discuss Matthew 25:35-40 and Genesis 1:27 together to learn about how valuable each person is to God.

Day 1: Overview

- What are Freedom Farms?

- When and where did Fannie start the Freedom Farm Cooperative? Locate it on a map.

- Do Freedom Farms exist today? Where?

Day 2: Food

- What sorts of things were/are grown on Freedom Farms?

- Who ate the food grown on these farms?

- If you can, start a small garden in your own yard or in a window box. You could even plant a single seed from your favourite fruit or vegetable in a pot and watch it grow inside!

Day 3: History—The Freedom Farm Cooperative (FFC)

- What were the FFC’s 3 big goals?

- What types of crops were originally grown on Fannie’s Freedom Farm?

- What group offered a large donation to the FFC? What did the FFC do with that money?

- The FFC shut down in 1976, but its legacy lives on today! Name a few examples of modern food organizations that uplift Black communities.

Day 4: Housing

- The FFC didn’t just build farms. They started something called the Delta Housing Development Corporation and built houses too! How many houses did they build?

- What did these homes have that most homes in the area didn’t have before?

- How many families were able to live in these houses?

- Do you live in a house, flat or apartment? What about it are you most grateful for?
