

I appeal to you therefore, brothers,  
by the mercies of God, to present  
your bodies as a living sacrifice,  
holy and acceptable to God,  
which is your spiritual worship.

Do not be conformed to this  
world, but be transformed by  
the renewal of your mind, that  
by testing you may discern what  
is the will of God, what is good  
and acceptable and perfect.

**Romans 12:1-2**

