



Chapter 1 Study Questions

A Woman Wholly Devoted

After reading chapter 1, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. Who in your life would you describe as wholly devoted to God? What does her devotion look like? How does her example encourage your devotion to God?
2. How is whole-life worship defined in this chapter? How does this definition enhance your understanding of worship?
3. Would you consider yourself wholly devoted to God? Why, or why not? If not, would you say your devotion to him is divided by distraction, disobedience, discouragement, or something else? Explain your answer.
4. Before reading this chapter, what would you have said was your life ambition? What do each of these Bible verses say about what ought to be our ultimate ambition?
 - 1 Corinthians 10:31

- 2 Corinthians 5:9

- 2 Corinthians 5:15

- Philippians 1:20-21

- Philippians 3:12-14

5. Read Psalm 86. Underline the words that King David uses to describe God. Make a list of what he prays in verses 11 and 12, putting it in your own words. Why do you think he responds to God this way?

6. Read Romans 12:1-2, the verses on which this book is based. Write down three observations and three questions you have about these verses.

7. What is one specific way you can apply what you read in chapter 1 to your life this week?

8. How does chapter 1 prompt you to pray? Write or summarize your prayer.



Chapter 2 Study Questions

The Words of Worship

After reading chapter 2, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. What are the various ways you express your devotion to God? Read Luke 1:38, 46-47. How did Mary express her devotion to God?

2. What are the meanings of the following Greek and Hebrew words that are often translated in modern Bibles as *worship*? Include a Bible reference for each word as an example of how it's used.

- *Hawah*

- *Proskyneo*

- *Abad*

- *Latreuo*

3. From what you have learned in this chapter about the biblical words for *worship*, in your own words, how would you explain to a friend the dual nature of whole-life worship? What would you say to help her understand that worship is not merely singing hymns and praise songs in church?

4. Reread Psalm 95:1-7. Take a few moments to carefully think about this passage. What does it teach you about God, yourself, and worship?

- God

- Yourself

- Worship

5. Reread and think carefully about John 4:21-24. Take a few moments to think carefully about this passage. What does it teach you about God, yourself, and worship?

- God

- Yourself

- Worship

6. Reread Romans 12:1-2. For the word *worship*, instead of using a word derived from *proskyneō*, Paul uses a word derived from *latreuō*. Why do you think Paul chooses to use this word in this passage?

7. What is one specific way you can apply what you read in chapter 2 to your life this week?

8. How does chapter 2 prompt you to pray? Write or summarize your prayer.



Chapter 3 Study Questions

Motivated by Mercy

After reading chapter 3, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. When did you first understand and receive God's saving mercy? How was your response similar to and different than that of the woman at Simeon's house?

2. God's mercy is his goodness and kindness toward those in need. Read Psalm 145, and list at least five ways God shows mercy to his creation.

3. In addition to being merciful generally to his creation, God is merciful specifically to his redeemed people. Read Ephesians 2:1-10 and answer the following questions about his mercy toward believers.
 - Why do we need the mercy of God (v 1-3)?

 - What did God mercifully do for us, and when (v 4-6)?

 - What are his two purposes for doing that (v 7-9)?

- What is a result of God's mercy toward us (v 10)?
4. Now that God has shown us mercy as our Re-creator (giving us new spiritual life in Christ), how does he want us to live? Read Romans 6:1-11 and especially note verses 1-2, 6-7 and 11.
 5. Before Paul calls us to whole-life worship in Romans 12:1-2, he explains the abundant saving mercies of God in Romans 1 – 11. Reread the list of these mercies on pages 49-50. Which five mercies are especially meaningful to you? How does each of them motivate you to live wholly devoted to God?
 6. Begin memorizing Romans 12:1. Write the verse in the space provided.
 7. What is one specific way you can apply what you read in chapter 3 to your life this week?
 8. How does chapter 3 prompt you to pray? Write or summarize your prayer.



Chapter 4 Study Questions

All on the Altar

After reading chapter 4, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. Does the story of Willielma Campbell or the poor widow in the temple resonate more with you, and why? How do both of their examples encourage your pursuit of whole-life worship?

2. What were the five types of Old Testament sacrifices explained in Leviticus 1 – 7? Why might Paul have been thinking of the burnt offering when he wrote, “Present your bodies as a living sacrifice” (Romans 12:1)? How does that lead you to view yourself before God?

3. When Paul refers to offering our *bodies* to God in Romans 12:1, he’s speaking both literally and figuratively. To better understand what it means to literally present your body to God as a living sacrifice, read Romans 6:11-14 and answer the following questions based on this passage.
 - What does Paul mean by “your members?”

 - What does an instrument of unrighteousness do?

- What does an instrument of righteousness do?
 - In what ways have you personally used “your members” as instruments for unrighteousness? As instruments for righteousness?
 - Why are you to present yourself to God as an instrument of righteousness?
4. In Romans 12:1, Paul also refers to our bodies figuratively, representing the whole person we are. Read Mark 12:28-34. In this passage, how does Jesus describe a person’s entirety that’s to be devoted to God? How does this enhance your understanding of whole-life worship? What aspect of yourself do you find difficult to fully relinquish to God?
5. How would you explain to a friend what it means to be a “living sacrifice, holy and acceptable to God, which is your spiritual worship” (Romans 12:1)? Answer by writing one or two sentences to describe yourself as a sacrifice that is...
- living
 - holy
 - acceptable
 - spiritual
6. Continue memorizing Romans 12:1. Write the verse in the space provided.

7. What is one specific way you can apply what you read in chapter 4 to your life this week?

8. How does chapter 4 prompt you to pray? Write or summarize your prayer.



Chapter 5 Study Questions

The Path of Transformation

After reading chapter 5, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. After Jan Isle became a Christian, the Lord began transforming her by renewing her mind with his word: specifically Psalm 139, Proverbs 3, and Ephesians 4. What Bible verses or passages has he used in your life to transform you into greater Christ-likeness?
2. What is one way you see yourself being conformed to the world (or being tempted to conform to the world)? Identify one specific Bible verse that strengthens you to resist conformity in this area of your life. How can you apply it to your current situation?
3. The transformation that Paul speaks of in Romans 12:2 can also be called “sanctification.” What is sanctification? When and how does it happen?

4. Psalm 19:7-11 provides a description of the renewing power of Scripture (which the psalmist calls the law, testimony, precepts, etc.). From this Bible passage, make one list of how God's word is described and make a second list of how it renews those who receive it. How have you experienced this kind of renewal?

5. How does God's word equip us for whole-life worship? Read 2 Timothy 3:16-17, and answer this question by explaining, in your own words, how Scripture works in us in the following ways.

- For teaching

- For reproof

- For correction

- For training

6. Begin memorizing Romans 12:2. Write the verse in the space provided.

7. What is one specific way you can apply what you read in chapter 5 to your life this week?

8. How does chapter 5 prompt you to pray? Write or summarize your prayer.



Chapter 6 Study Questions

Embracing the Will of God

After reading chapter 6, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. What did you find surprising about the life and death of Lysken Dirks? What costly choices have you made in your own life because of your devotion to God and his word?
2. How would you define God's will of desire, and how does it differ from his will of decree and will of direction? From your own knowledge of Scripture, list any three Bible verses that reveal God's will of desire.
3. What word is given in chapter 5 as the best translation for the original word *dokimazo* in Romans 12:2? What does it imply in this verse? How does this relate to whole-life worship?
4. Write out the four "Principles for Approving the Will of God." Circle the one you find to be the most challenging. How would you explain this principle to a friend? Include a supporting Bible verse.

5. Complete the chart on page 95. If you already completed that chart, use this chart here to walk through the process of approving the will of God for another issue in your life.

What am I facing? (Assess the situation biblically.)	
What do I need to know? (Identify relevant biblical truth.)	
What do I need to do? (Determine a biblical response and follow through.)	

6. Continue memorizing Romans 12:2. Write the verse in the space provided.

7. What is one specific way you can apply what you read in chapter 6 to your life this week?

8. How does chapter 6 prompt you to pray? Write or summarize your prayer.



Chapter 7 Study Questions

Devotion on Display

After reading chapter 7, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. How do Jesus' conversations with Mary and Martha challenge you? How do they encourage you? What do you learn from their story about the heart of whole-life worship?
2. How would you describe Jesus' devotion to the Father? What did it look like? What motivated it? What does *his* doing of God's will teach you about *your* doing of God's will?
3. Reread Ephesians 5:15-20. List two or more things you read in chapter 7 that are helpful as you daily seek to *be filled with the Spirit*. Summarize here your answers to the questions on page 104.

4. Reread 1 Thessalonians 4:3-5. List two or more things you read in chapter 7 that are helpful as you daily *pursue purity*. Summarize here your answers to the questions on page 106.

5. Reread 1 Thessalonians 5:16-18. List two or more things you read in chapter 7 that are helpful as you daily *give thanks*. Summarize here your answers to the questions on page 108.

6. Reread 1 Peter 2:13-16. List two or more things you read in chapter 7 that are helpful as you daily *submit to authority*. Summarize here your answers to the questions on page 111.

7. Reread 1 Peter 4:12-19. List two or more things you read in chapter 7 that are helpful for when you must *suffer righteously*. Summarize here your answers to the questions on page 113.

8. Review your memorization of Romans 12:1-2. Write the passage in the space provided.

9. How does chapter 7 prompt you to pray? Write or summarize your prayer.



Chapter 8 Study Questions

Worship Without End

After reading chapter 8, answer the following questions by reading the relevant Bible passages and referring to the chapter as needed.

1. Now that you've completed this book and have thoroughly considered the meaning of Romans 12:1-2, what would you say is your aim in life? What motivates that aim? What are the ways you can pursue it? When will it be fully realized?
2. Which chapter in this book did you find the most helpful, and why? How will you live differently after reading that chapter?
3. What do you think are some of the pleasures of whole-life worship?
4. In what ways has God provided you with encouragement to continually practice whole-life worship?

5. In what ways do you look forward to your worship of God being perfected in heaven?
6. Read Psalm 115 and answer the following questions about the praise produced by whole-life worship.
- Write the psalmist's opening declaration. Is this your declaration also (v 1)?
 - Why is it foolish to live for other gods (v 2-8)?
 - How are the people to respond to God, and why (v 9-11)?
 - What does God graciously do for his people (v 12-16)?
 - What is our joyous calling "from this time forth and forevermore" (v 17-18)?
7. Review your memorization of Romans 12:1-2. Write the verse in the space provided.
8. What is one specific way you can apply what you read in chapter 8 to your life this week?
9. How does chapter 8 prompt you to pray? Write or summarize your prayer.