



*For this is the life  
everlasting, O Lord,  
to believe you to be the true God,  
and him whom you sent,  
Jesus Christ.*

*By this faith I am assured,  
and by this assurance I feel the  
forgiveness of my sins:  
this is what gives me confidence,  
this is what comforts me,  
this is what quenches  
all despair.*

Catherine Parr  
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