

My Loving Father,

You know exactly how I am feeling right now.

Thank you for the comfort that comes from knowing that you are with me through this and that you care deeply for me. Please help me to lean on your strength rather than trying to face things by myself.

Thank you that I can be confident that my future is bringing me to you instead of hinging on this moment. Please help me to trust in your plan for me, even when it doesn't line up with my own.

Thank you for making me your child and for blessing me with so many good things, especially Jesus. Please help me remember that you give me everything I need.

Amen